

**TRINITY UNITED CHURCH
PETERBOROUGH, ONTARIO**

February 7, 2021



**Trinity United Church
360 Reid Street
Peterborough, ON K9H 7G6
Telephone: 705-743-3301**

**We acknowledge that we meet and live
on the traditional territories of the
Mississauga Anishinaabe People.**

**We give thanks for their care for the land
over thousands of years and
for their deep spirituality and
honouring of the Creator and the creation.**

**May we live with respect in God's creation
and in harmony with our neighbours.**



TRINITY UNITED CHURCH

February 7, 2021

Fifth Sunday of Epiphany

Welcome to all.

*May this time of worship touch our hearts and minds
and offer hope and promise for the days to come*

PRELUDE: Prelude on “Healer of Our Every Ill”
“Prelude” from *Piano Music for a Sunday Morning*
Keith Kolander

LIGHTING THE CHRIST CANDLE

CHOIR INTROIT: “My Spirit Longs for Thee” Richard Shephard

WELCOME

LIFE and ACTION of the COMMUNITY OF FAITH

HYMN: VU620¹ “Silence, Frenzied Unclean Spirit” (*Tune VU198*)

'Silence, frenzied, unclean spirit!
cried God's healing Holy One.
'Cease your ranting! Flesh can't bear it;
flee as night before the sun.'
At Christ's words the demon trembled,
from its victim madly rushed,
while the crowd that was assembled
stood in wonder, stunned and hushed.

Lord, the demons still are thriving
in the gray cells of the mind:
tyrant voices, shrill and driving,
twisted thoughts that grip and bind,
doubts that stir the heart to panic,
fears distorting reason's sight,
guilt that makes our loving frantic,
dreams that cloud the soul with fright.

Silence, Lord, the unclean spirit
in our mind and in our heart;
speak your word that when we hear it,

all our demons shall depart.
Clear our thought and calm our feeling;
still the fractured, warring soul.
By the power of your healing
make us faithful, true and whole.

**CENTRING TIME
PRAYER OF APPROACH**

TIME for the YOUNG AT HEART: The Gossip: A Midrash

PRAYER OF CONFESSION² (responsively)

God of all people,
You call our name...
and sometimes we don't listen.
You call our name...
and sometimes we run in the opposite direction.
You call our name...
**and often we are afraid that
we will be asked to change our plans.**
You call our name...
(*silence*)
Call us again, Gracious God.
Push and pull us out of our complacency.
**Open our hearts to know your way.
Make us bold, make us strong,
make us yours.
Call our name, once again, O God. Amen.**

WORD OF GRACE

PSALM 111³ (responsively)

The bright blue planet spins in the vast darkness of
space;
let all who live on earth rejoice.
Only on this one small ball do we know that life exists;
let all who live on the earth give thanks.
The vision takes our breath away;
let all who live on earth open their eyes.
This fragile ball bursting with life is a work of art;

let all who live on earth recognize God's goodness.

Foxes and field mice, humans and whales, eagles and ants-

all are woven together in a tapestry of relationships;

let all who live on earth recognize this reality.

And God has delegated responsibility to us;

let all who live on earth be mindful.

All life is balanced in a delicate equilibrium;

let all who live on earth understand their responsibility.

A tapestry cannot be reduced to a single thread;

let all who live on earth accept their responsibility.

This egg floating in the dark womb of the universe is like God's embryo;

let all who live on the earth treat it as holy.

We share an awesome and terrible responsibility;

may God live forever.

CHOIR ANTHEM: "Come and Seek the Ways of Wisdom"

Donna Kasbohm

GOSPEL READING: Mark 1: 21-34

REFLECTION: "Renewing Strength"

HYMN: VU613⁴ "We Cannot Measure How You Heal" (Tune VU330)

We cannot measure how you heal
or answer every sufferer's prayer,
yet we believe your grace responds
where faith and doubt unite to care.

The pain that will not go away,
the guilt that clings from things long past,
the fear of what the future holds
are present as if meant to last.

But present too is love which tends
the hurt we never hoped to find,
the private agonies inside,
the memories that haunt the mind.

Your hands, though bloodied on the cross,
survive to hold and heal and warn,

to carry all through death to life
and cradle children yet unborn.

So some have come who need your help,
and some have come to make amends;
your hands which shaped and saved the world
are present in the touch of friends.

Lord, let your Spirit meet us here
to mend the body, mind and soul,
to disentangle peace from pain
and make your broken people whole.

PASTORAL PRAYER

LORD'S PRAYER (VU916)

Eternal Spirit,
Earth Maker, Pain Bearer, Life Giver,
Source of all that is and that shall be,
Father and Mother of us all,
Loving God, in whom is heaven
The hallowing of your name echo
through the universe!
The way of your justice be followed
by peoples of the world!
Your heavenly will be done
By all created beings!
Your commonwealth of peace and freedom
sustain our hope and come on earth.
With the bread we need for today, feed us.
In the hurts we absorb from one another, forgive us.
In times of temptation and test, strengthen us.
From trials too great to endure, spare us.
From the grip of all that is evil, free us.
For you reign in the glory of the power that is love,
Now and for ever. Amen

HYMN: VU619⁵ "Healer of Our Every Ill"

Refrain: Healer of our every ill,
light of each tomorrow,
give us peace beyond our fear,
and hope beyond our sorrow.

You who know our fears and sadness,
grace us with your peace and gladness.
Spirit of all comfort, fill our hearts. R

In the pain and joy beholding,
how your grace is still unfolding.
Give us all your vision, God of love. R

Give us strength to love each other,
every sister, every brother.
Spirit of all kindness, be our guide. R

You who know each thought and feeling,
teach us all your way of healing.
Spirit of compassion, fill each heart. R

BENEDICTION

POSTLUDE: Toccata on “Duke Street” Gilbert Martin

Leading in worship today are Rev. Joanna MacQuarrie, Robert Grandy, Minister of Music, Ted Harvey, Worship Leader, Covid Choir: Dave & Chris Freeman, Jane & Peter Darling, Margaret Marris, Anne Campbell, Glynnis Hilton-Devitt and Karla Buckborough. Technical Production: Dave Freeman.

Credits:

¹ Words and Music: Used by permission of Oxford University Press. Used with permission through *Voices United*, UCC.

² Adapted from Reed, *Gathering*, ACE 2021, 48

³ James Taylor, *Everyday Psalms*, 1994, Wood Lake, 140.

⁴ Text: John Bell © 1989, Iona Community, GIA Publications, Inc. All rights reserved. Reprinted under One License A-726544.

⁵ Words and music: Marty Haugen © 1987, GIA Publications, Inc. All rights reserved. Used with permission. Reprinted under One License A-726544.

TODAY’S MUSIC

PRELUDE: Today’s closing hymn, “Healer of Our Every Ill”, written by Marty Haugen, will be heard in a setting by Keith Kolander (b. 1955), organist at Church of the Good Shepherd in Manchester, Missouri. After a brief introduction, the tune is clearly heard on the principal stops of the organ accompanied by soft flutes which play snippets of the tune. Contrasting this

will be another piece by Mr. Kolander – his “Prelude” from his three-movement suite *Piano Music for a Sunday Morning*. Lively rhythms abound in this original selection, from a collection of three pieces usable as a Prelude, Offering and Postlude for church pianists.

INTROIT: The women of the choir will sing British composer Richard Shephard’s setting of John Byrom’s poem, “My Spirit Longs for Thee”. Gentle, sweet and lyrical, Shephard’s music beautifully captures the longing referred to in the text.

My Spirit longs for thee within my troubled breast, though I unworthy be of so divine a guest. Of so divine a guest unworthy though I be. Yet has my heart no rest unless it come from thee. Unless it come from thee in vain I look around.

In all that I can see no rest is to be found. No rest is to be found but in thy blessed love. O let my wish be crowned and send it from above.

ANTHEM: “Come and Seek the Ways of Wisdom” is a lilting setting by Donna Kasbohm (Director of Music and Liturgy at Pax Christi Catholic Church in Eden Prairie, Minnesota) of a text by Ruth Duck (retired pastor, theologian, professor and hymn writer). Ruth is a leading champion for and author of inclusive-language hymns. Woodlake Books says “This piece seeks to express a Trinitarian theology based on wisdom images from scripture”. The last verse of today’s Psalm 111 states “The fear of God is the beginning of wisdom; those who practice it have good understanding.”

Come and seek the ways of Wisdom, she who danced when earth was new.

Follow closely what she teaches, for her words are right and true.

Wisdom clears the path to justice, showing us what love must do.

Listen to the voice of Wisdom, crying in the marketplace.

Hear the Word made flesh among us, full of glory, truth, and grace.

When the word takes root and ripens, peace and righteousness embrace.

Sister Wisdom, come, assist us; nurture all who seek rebirth.

Spirit-guide and close companion, bring to light our sacred worth.

Free us to become your people, holy friends of God and earth.

POSTLUDE: American composer Gilbert Martin’s “Toccata on ‘Duke Street’” uses the familiar hymn that we used today for the hymn after Joanna’s reflection: “We Cannot Measure How You Heal”. In true toccata form, the manuals play rapid triplet passages, while the melody is clearly heard in the pedals.

Important Note: Tax receipts for donations made in 2020 were mailed out on February 3. If you made a donation via Canada Helps you should have received a tax receipt from them. If you have not received it please visit Canada Helps and go to their Receipt Download Tool. For those who made a donation to the School for Young Moms, a tax receipt from Peterborough Family Services has been included in the tax receipt envelope from Trinity.

OFFERING

Your donations are appreciated and used carefully to further Christ's work in the community.

4 ways to Donate

1. Envelopes on plate at entrance to sanctuary.
2. Cheques placed in secure mailbox beside main door of church
3. PAR (pre-authorized remittance monthly). Contact church office and they will make arrangements.
4. Electronically through e-transfer or by using Canada Helps, a Canadian not-for-profit organization.

Just go to Trinity's web page <http://trinitypeterborough.com> and click on the 'Donate Now' button located at the upper right hand side of the page. Canada Helps will issue a tax receipt in Trinity's name.

Email: trinitychurch@cogeco.net

Minister: trinityminister@cogeco.net

Minister of Music: mail@robertgrandy.com

Confidential Pastoral Care: 705-874-8603

Website: www.trinitypeterborough.com

ANNOUNCEMENTS



Upcoming ZOOM Events

Bible Encounter at 2 pm

An exploration of the origins, themes, context and content of the Gospel according to Mark.

February 11, March 4

WCC Bible Reflections at 3:30 pm

Biblical reflections from the Week of Prayer for Christian unity from the World Council of Churches.

#2 – February 4

#3 – February 18

Soul Play: Spirituality Group

February 12 1:30 pm

All of these events are hosted by Joanna. If you are interested in receiving more information or joining any of these discussions, please contact Joanna at trinityminister@cogeco.net.

Trinity tax receipts were mailed out this week. Please remember that if you made your donation through Canada Helps you will receive your tax receipt from them.



Chris Freeman has just made another batch of her delicious Seville Orange Marmalade. 250 ml jars are \$5 and 500 ml jars are \$8. With the purchase of two jars delivery will be made to your door within the city limits. All proceeds go to supporting Dania and Luis through Friends of Honduran Children. Please contact Chris at chris.free4all@gmail.com.

Sunday, February 14 is Transfiguration Sunday and we will be celebrating communion. If you would like to participate in communion, please have a cracker or piece of bread and wine/juice available prior to watching the YouTube video.